## Office of the Ombudsperson

# **Thomas-Kilmann Conflict Styles**

### **COMPETING STYLE**

Individual needs are prioritized over those of others; often characterized by aggressive or combative communication; tends to result in conflict escalation.

#### Can be useful when:

you are certain that you are correct *and* being in the right is more important than preservation of the relationship

the issue itself is very low/no stakes

### Can be problematic when:

collaboration has not been attempted other party's cooperation is or will be needed utilized as a fallback style for most issues other party is likely to feel injured or diminished by the process

### **COLLABORATING STYLE**

Parties work toward common objectives inclusive of all needs and goals; often produces better outcomes than individuals independently envision; integrative.

#### Can be useful when:

the issue and relationship are of significance cooperation and creativity are values all concerns and issues appear ripe for mutual address

### Can be problematic when:

the matter is time-sensitive the issues are unimportant parties are over-extended other party's goals/needs are objectionable, indefensible, etc.

## **COMPROMISING STYLE**

